LEARNING BENEFIT: COOKING TEACHES MATH, SCIENCE AND HOW TO CLEAN UP!

Believe it or not, baking with your Bingster:

- introduces them to math concepts as they count and measure the ingredients!
- provides them with a super sensory science experience where they can use their eyes, ears, nose, and mouth to observe and explore (Yummy!)
- teaches them important life skills like healthy eating habits, meal prep and cleaning up. (That’s a trifecta!)

ACTIVITY: BAKING BINGSTERS

Get ready to have big fun (and possibly make a little mess) with your Bingster as you bake these tasty treats together! Help your child count and compare measurements and set a timer (math!), as well as observe how ingredients change as they are combined, heated, cooled (science!). And then...gobble it all up!

- Make Chocolatey Fun Fruit Cones
- Freeze Gilly's Great Ice Pops
- Whip Up Flop's Fabulous Carrot Smoothies
- Make Great Ginger Bunny Cookies
- Cook Up Some Easy Peasy Pasta
- Bake Bing’s Magnificently Marvelous Messy Cake
- Cook Carroty Bing Bagels
- Make Yummy Delicious Bing Pancakes
# Baking Bingsters

ACTIVITY: YUMMY DELICIOUS MENU PLANNER

Print out the Yummy Delicious Menu Planner and then plan a yummy delicious week of meals with your Bingster! Planning a menu together can make meal prep and shopping easier for you (yay!); provide your family with healthy and delicious meal options that work for everyone (yum!); and help your child feel like an important member of your family who gets to help make decisions (yes!).

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<th>Breakfast</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<td>Morning Snack</td>
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