LEARNING BENEFIT: MAKING MUSIC BUILDS POSITIVE EMOTIONS THAT SUPPORT US!

Joy is an important emotion — it helps us bond, make friends, and supports us when we’re sad, frustrated or anxious. Two ways you may create joy is by spending time in nature and making music. So take a break from your day, get outside, and then make and enjoy music with your preschooler just like they do in Lellobee City Farms!

1. Go outside and collect sticks, pebbles, and dried leaves.
2. Wipe or wash off the dirt and then get creative! Make a maraca by putting some pebbles in a water bottle (make sure the cap is secured tightly on the bottle!); make a xylophone by taping or gluing 4-6 sticks onto a piece of cardboard and then tapping it with another stick.
3. If you aren’t able to go outside, collect an assortment of pots, pans, plastic mixing bowls, big spoons and spatulas.
4. Have your child place their instruments in front of them and play away! As you play your instruments, sing and dance along to the songs on Lellobee City Farms.
5. Make your music extra joyful by adding in some silly animal noises from Lellobee City Farm. Sing along with moos, quacks and oinks!

Cartoonito Extra: Grab your family and friends and make your very own marching band. Give everyone an “instrument” and “drum stick” and play them as you march around your house or on your block! Take turns playing different sounds and beats, making different animal sounds and copying each other.